

LAND OF

BOXING

PRE-GAMES TRAINING CAMPS

2024

Jacques Vasset Boxing Hall



THE AREA OF COMPIÈGNE

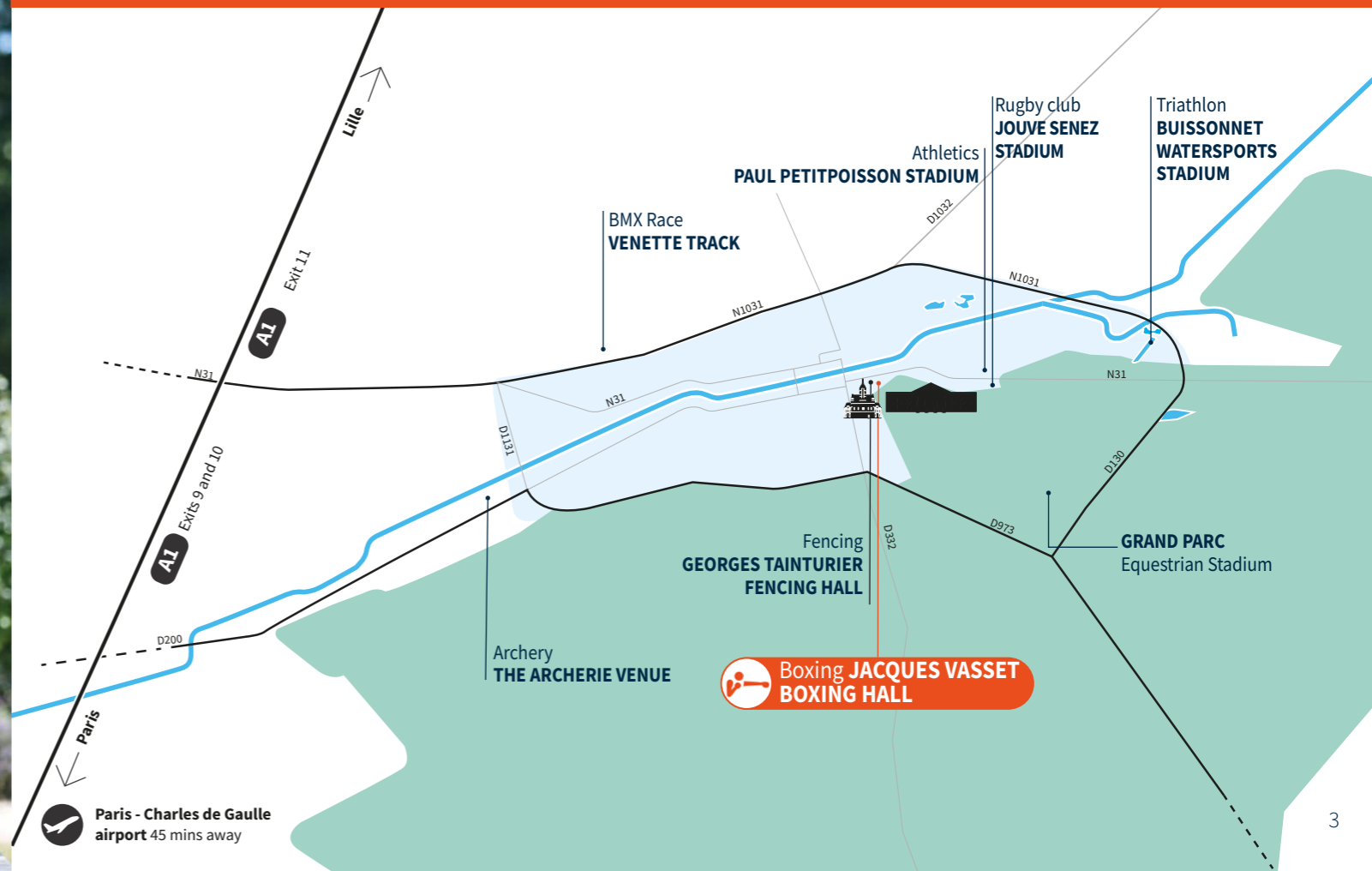
CITY OF SPORT, HOMELAND OF CHAMPIONS!

From the emperor Charles the Bald to the Armistices, Kings of France and emperors and historical figures (Joan of Arc, Georges Guynemer, Coco Chanel...), the imperial city is filled with the traces of a glorious past.

80 km north of Paris and 45 minutes from Roissy Charles de Gaulle airport, Compiègne is a choice residence for all athletes and their teams. The immediate proximity of the Compiègne forest (15,000 ha), the 3rd largest forest in France, provides athletes with a beneficial and rejuvenating environment for their physical and mental preparation, with 620 miles of trails and over 90 miles of cycle paths.

These exceptional training grounds are within a stone's throw from the heart of the city, near neighbourhoods and homes in the typical architecture lined with centuries-old trees. A natural extension of the castle park, which brings sightseers to picturesque villages while giving access to a rich flora and fauna of several thousand species.

All sports facilities are located near the Compiègne town centre, with its shops and services, hotels, and many restaurants.



LAND OF BOXING

JACQUES VASSET BOXING HALL

A PRESTIGIOUS VENUE, A LICENSED CENTRE

The **Jacques Vasset Boxing Hall** is set up within a site classified as a «historic building» of the city, sheltered from sight, ensuring complete peace of mind for athletes. It is part of the Training Centres of Professional Clubs, approved by the Ministry of Women's Rights, City, Youth and Sports. It hosts a club of 400 licensees (professional boxing, free and amateur boxing, educational boxing, Handi-boxing, fit boxing ...).

Exclusively dedicated to the sport of boxing, this 500 square-metre room is an ideal place to train. It offers optimal conditions for the preparation of the best athletes.

Its immediate vicinity of the national forest of Compiègne, the 3rd largest in France, with an area of 15,000 ha, enables athletes to complete their mental and physical preparation along the footpaths or in complete autonomy.

REGULATION-COMPLIANT EQUIPMENT

The Jacques Vasset venue is equipped with:

- > a **central video projection** system,
- > **technical devices** necessary for the sequences boxers techniques (punching bags, speed pears, medicine balls, wall clocks ...).

Ring side:

- > **two raised training rings**,
- > **a competition ring**, certified in accordance with CIO standards, set up on request.



A COMPIÈGNE HERO

In the 1980s, Farid Berredjed, a member of the ROC local club, was twice European vice-champion.



THE STRONG POINTS

- **A fully equipped weight-lifting room:** cardio-training on treadmills, bikes, rowers, muscle building, benches, weight training, squat cages.
- **Sparring-partner service** by professional boxers of the club.
- **A wide choice of complete sports halls nearby:** a sports hall, a fencing hall, a climbing wall, a dojo, a rowing club, for customisable training programs.
- **Sports facilities are open 24/7.**



LE COMPIÉGNOIS

SERVICES AND STRONG POINTS TO MAKE A DIFFERENCE

A LARGE PANEL OF POTENTIAL ACCOMMODATION

Compiègne offers a wide range of accommodation, with 4-star hotels and guest rooms, Bed&Breakfast rooms and other atypical accommodation. It can therefore accommodate more than 3,000 people.

STAR-STUDED BISTROT-STYLED GASTRONOMY

Whether they are sportsmen or tourists, our visitors can experience a multitude of catering establishments of all kinds: gourmet cuisine, organic tables, themed or traditional restaurants, with many breweries, but also a wide choice of caterers to tailor to your specific meal plan.

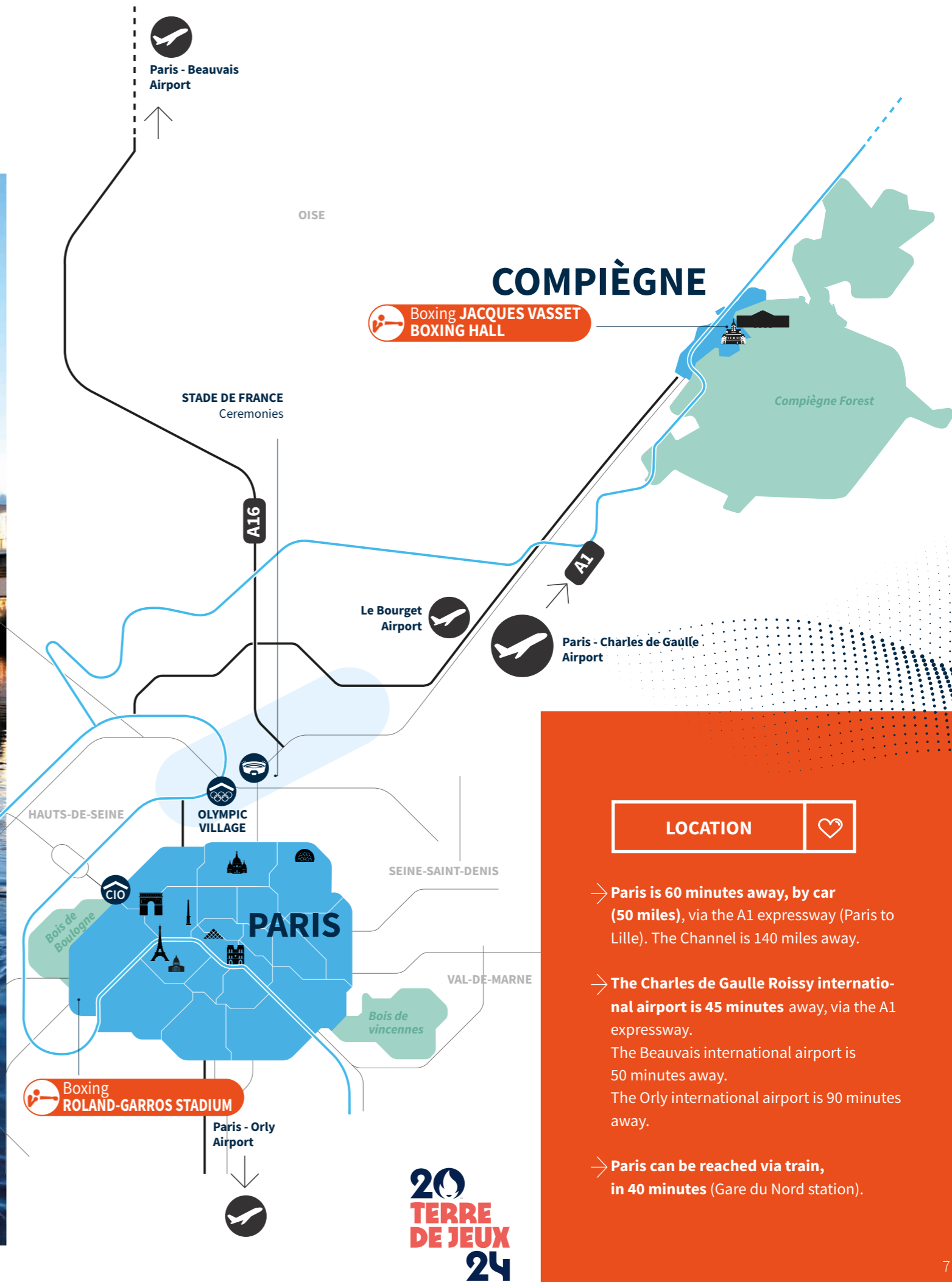
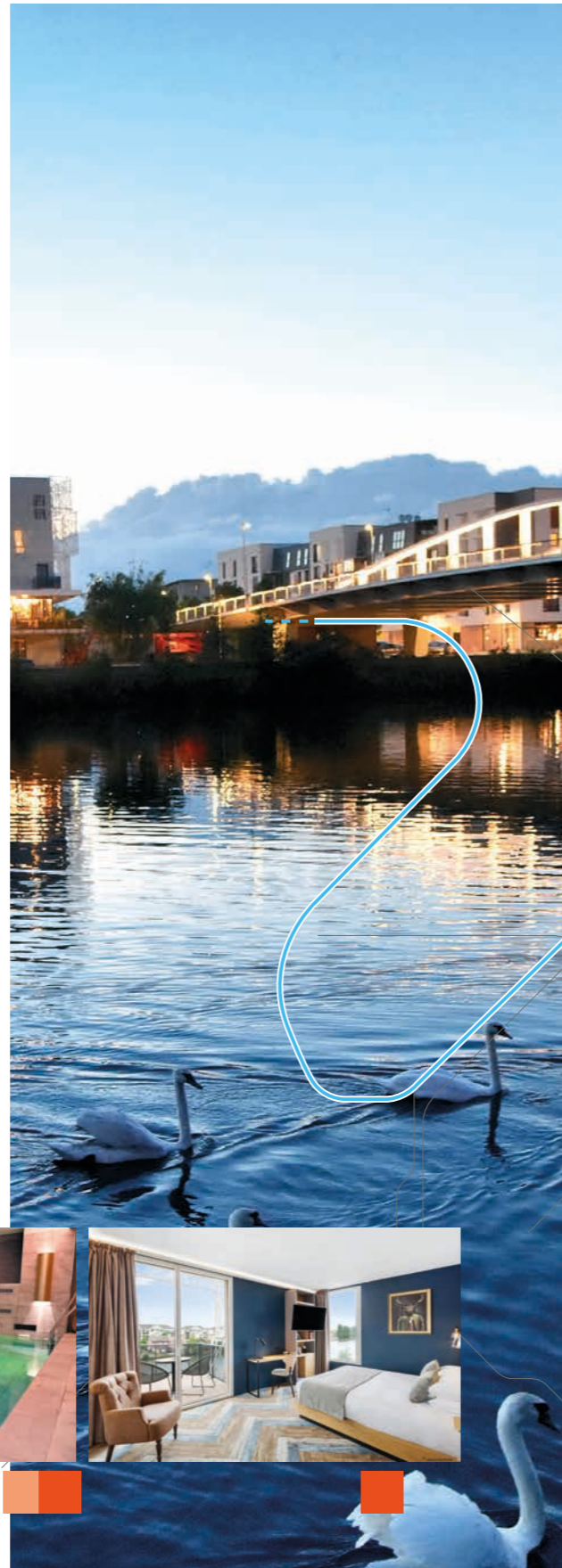
A PERSONALIZED OFFER

Your one sole contact within the Agglomeration of the Region of Compiègne: Antoine Martiak.

In accordance to your needs, a series of services available nearby will be at your disposal:

- balneotherapy, spa, or cryotherapy centres,
- privatisation of one of the swimming pools for the athletes,
- transport service on demand,
- Compiègne forest guide,
- organisation of relaxing tourist circuits and cultural visits.

Antoine Martiak is available for any further information.



LOCATION



- Paris is 60 minutes away, by car (50 miles), via the A1 expressway (Paris to Lille). The Channel is 140 miles away.
- The Charles de Gaulle Roissy international airport is 45 minutes away, via the A1 expressway. The Beauvais international airport is 50 minutes away. The Orly international airport is 90 minutes away.
- Paris can be reached via train, in 40 minutes (Gare du Nord station).

Sports Department 2024

Your contact :

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